

Five or six-day multiprofessional course in theory and practice including an e-learning module, based on the Bobath concept.

Designed for participants who have completed their professional training and work therapeutically with neurological patients.

The course aims and objectives of the six-day course are the same as those of the five-day course.

## Target group

Physiotherapists, occupational therapists, speech therapists, registered nurses, doctors

## Participation requirement

It is assumed that participants are familiar with transferring patients from the wheelchair to the treatment bench.

A Bobath course or an introduction to the Bobath concept is desirable, but not a prerequisite.

The F.O.T.T.<sup>®</sup> workshop on transfer and positioning aids is recommended (offered only in Germany).

## Course leaders/Number of participants

2 F.O.T.T.<sup>®</sup> Instructors with 18 participants or 1 F.O.T.T.<sup>®</sup> Instructor with 12 participants

## Course aims and objectives

- Develop an understanding of the relationship between posture and movement and facio-oral functions
- Apply principles, methods and techniques in examination and treatment with patients. Modify procedures according to the needs of the patient

## Course content

- Anatomy and physiology of the facial-oral tract
- Typical movement problems in patients with brain injury and their impact on food intake, breathing, voice and facial expression
- Aspects of safe eating and drinking considering different food consistencies
- Therapeutic oral hygiene

## Methods

- Teaching of theoretical knowledge, self-experience and practical work of the participants with each other under supervision of the course instructor
- Patient demonstration by the course instructor
- Assessment and treatment of patients by the course participants, under supervision of the course leader and subsequent video analysis